



The Polarity Center

Is proud to present for its annual conference:

Cindy Rawlinson, RPP, Lic. Ac.

Teaching a workshop on:

Dr. Stone's Treasure

Date: April 8-10, 2010 (Thur- Sat) 9am-5:30pm daily

Location: Earhart Village Clubhouse, Ann Arbor, MI

Tuition: \$375 (discounts for bringing table or early registration)

A unique skill of a Polarity practitioner is the ability to trace the energy. Dr. Stone described the flow of energy in the body as a series of layered foundational patterns. These, along with a number of reflexes, create the energetic form and anatomy of the body-mind.

This course will help the practitioner to extend his or her skill of knowing when the energy is flowing and when it is blocked. There will be review of the energy patterns and reflexes. The focus will be on tracing the energy flow of a client, and treating the underlying cause of discomfort and ill health in order to rebalance the entire body-mind rather than focusing on the symptoms.

If the blockage is long-standing, it is revealed in layers. We will work with how to pace treatment in a way that is sensitive to the client's ability to process and integrate the changes that are occurring. If the blockage is acute it can be less complex and easier to resolve. The practitioner needs to be able to distinguish between these types of injuries.

This class will focus on the practical, using various exercises and "hands-on" work to develop and extend clinical skills. There will be ample time for questions and individual concerns.

....followed by a day of celebration commemorating an 80th birthday and

Elder Wisdom:

What I Learned from 40 Years of Polarity Therapy

by John Bodary

Date: Sunday, April 11, 2010 11 am – 3 pm

Cost: \$25 includes vegetarian lunch and gift for John

We are all familiar with the way John ended his classes with the question, "What did you learn?" Now it is our chance to hear from him. John will share his insights and wisdom learned in his life in Polarity Therapy. Let us all join in community to celebrate and be grateful. After the lecture a luncheon will follow.



Cindy Rawlinson B.A. Lic. Ac.

I grew up in Berkeley in the 1950's and 60's where my parents were both involved with the progressive politics of the day. After graduating from University of California at Davis I taught at a progressive children's school in New York City before becoming interested in alternative health. In 1969 I met Robert Hall M.D. who was exploring the many new ideas of healing that were evolving at that time. I was in his first study-group and this brought me into contact with Dr. Stone, the founder of Polarity Therapy. I was very fortunate to study with Dr. Stone, and a few years later I had the unique opportunity of treating him after he had retired. For over thirty years I have seen patients and taught Polarity training courses in America, England, and Switzerland. In the last few years my practice has also incorporated Cranial Sacral Therapy and my work has also been influenced by the somatic work of Stanley Keleman.



John Bodary, MA, RPP

As a result of Dr. Stone's work, Polarity Training Centers have been created nationally and internationally. John Bodary founded the Polarity Center in 1985 in Dearborn, Michigan. He has taught Polarity throughout the Midwest.

Prior to being a Polarity Practitioner and teacher, he was a school principal, athletic coach, and high school teacher. He also was in seminary and a Gestalt Therapist in private practice. As an educator, therapist, and a person on a spiritual path, he saw Polarity Therapy as an art, science and way of life. He also could see how polarity was a holistic model of health and well-being.

His intention in teaching has always been to create an educational environment that allows people to learn from their *experience* instead of having an "expert" tell students how things are. While knowledge is helpful for the mind, wisdom and competence arises from our experience and learning through experimentation. The Polarity Center's approach to teaching supports and encourages this process.

John has created a healing and learning community in Southeastern Michigan based on Polarity Principles. This area of Michigan holds the 4th largest concentration of Polarity students in the country. As a teacher he is known for his ability to take interested students from many walks of life and help them to apply Polarity principles to their lives. He has supported his students to trust their experience and to build upon it.

John has served as Treasurer on the Board of Directors of the American Polarity Therapy Association. John created the curriculum at the Polarity Center for the first 3 of 4 levels available at the Center.

Location: The Earhart Village Clubhouse (www.earhartvillage.com) is a charming community house with a full kitchen, fireplace, tall open ceilings and natural light. There is plenty of parking. It is a mile from Ann Arbor's lovely Gallup Park and 3 miles to Ann Arbor restaurants and hotels.

Directions to Earhart Village Clubhouse: From U.S. 23, exit at Geddes Rd. Go west 0.5 miles and turn right onto Earhart Rd. Travel about 0.5 mile and turn right onto Greenhills Dr. The clubhouse is on your left. **Park on the south side of the street if spots are not available next to clubhouse.**

Cindy Rawlinson- Dr. Stone's Treasures

April 8-10, 2010 (Thur. – Sat.)

John Bodary – 80th birthday and 40th yr in Polarity Therapy

April 11, 2010 (Sunday)

Early Registration Deadline: March 1, 2010

\$100 non-refundable deposit required

Late Registration Deadline: April 1, 2010

Please register early!!!

Send a \$100 non-refundable deposit, payable to Polarity Center, LLC, and this form to:

Polarity Center, PO Box 130504, Ann Arbor, MI 48113-0504

(313) 647-0038 www.polaritycenter.com

Name: _____ Phone: _____

Address: _____ Email: _____

City: _____ State: _____ Zip _____

Tuition- Please **check one**:

_____ Rawlinson workshop and Bodary celebration \$400

_____ Rawlinson workshop only \$375

_____ John Bodary's celebration only \$ 25

Total tuition \$ _____

Less Discounts (available for Rawlinson workshop only) – **check one**

_____ Bringing a table (for first 15-20 commitments) \$ 50

_____ Registering early \$ 25

Total discounts: \$ _____

Tuition due – Total tuition less discounts: \$ _____

Less Deposit: \$100 \$100

Total Deposit enclosed \$ _____

Amount due by April 8, 2010 \$ _____